

## RESOURCES FOR ALZHEIMER'S PATIENTS AND CAREGIVERS



### Alzheimer's Association

<https://alz.org>  
24/7 Help Line: 1-800-272-3900  
Spokane Office: (509) 456-0456  
Coeur d'Alene Office: (208) 666-2996



### Village Plan

<https://villageplan.com>  
Spokane: (509) 326-5525



### CenterWell Home Health

<https://centerwellhomehealth.com>  
Liberty Lake: (509) 473-4900



### Horizon Hospice and Palliative Care

<https://horizonhospice.com>  
Spokane: (509) 489-4581



### Inland Imaging

<https://inlandimaging.com>  
Scheduling: (509) 455-4455



### Senior Helpers

<https://seniorhelpers.com/wa/>  
(509) 283-1201



### Aging & Long Term Care of Eastern Washington

<https://altcew.org>  
Helpline: (509) 960-7281  
Spokane Dementia Friendly Community: (509) 458-2509



### Senior Housing Net

<https://seniorhousingnet.com>  
800-304-7152



### Generation Connect

<https://generationconnect.io>  
877-839-3360



### Alzheimer's Foundation of America

<https://alzfdn.org>  
Help-Line: 866-232-8484



### Family Caregiver Alliance

<https://caregiver.org>  
800-445-8106



### Program of All-inclusive Care for the Elderly (PACE)

<https://www.dshs.wa.gov/>



### Providence Adult Day Health

<https://www.providence.org/>  
(509) 482-2475

### Spokane Area Support Groups

- Becky Tiller Support Group (Village Plan)
  - (509) 326-5525
- First Presbyterian Church of Spokane
  - 3rd Tuesday, 1:30-3:00pm, (509) 590-3965
- Dementia Community Cafe at Central Spokane YMCA
  - 3rd Friday, 2:00-3:30pm, (509) 207-7667
- Spokane North - Caregivers
  - 2nd & 4th Monday, 1:00-2:30pm, (509) 290-1816
- Spokane South - Caregivers
  - 4th Saturday, 10:30am-12:00pm, (509) 795-4668
- Spokane Downtown - Caregivers
  - 3rd Tuesday, 1:30-3:00pm, (509) 207-7667
- Spokane County Library District Memory Cafe
  - Every Tuesday, 11:00am-12:00pm, (509) 893-8350



1520 W 3rd Ave, Spokane, WA 99201  
(509) 747-5615