

RESOURCES FOR ALZHEIMER'S PATIENTS AND CAREGIVERS



Alzheimer's Association
<https://alz.org>
24/7 Help Line: 1-800-272-3900
Spokane Office: (509) 456-0456
Coeur d'Alene Office: (208) 666-2996



Alzheimer's Foundation of America
<https://alzfdn.org>
Help-Line: 866-232-8484



Village Plan
<https://villageplan.com>
Spokane: (509) 326-5525



Family Caregiver Alliance
<https://caregiver.org>
800-445-8106



CenterWell Home Health
<https://centerwellhomehealth.com>
Liberty Lake: (509) 473-4900



Horizon Hospice and Palliative Care
<https://horizonhospice.com>
Spokane: (509) 489-4581



Inland Imaging
<https://inlandimaging.com>
Scheduling: (509) 455-4455



Senior Helpers
<https://seniorhelpers.com/wa/>
(509) 283-1201



Aging & Long Term Care of Eastern Washington
<https://altcew.org>
Helpline: (509) 960-7281
Spokane Dementia Friendly Community: (509) 458-2509



Senior Housing Net
<https://seniorhousingnet.com>
800-304-7152



Generation Connect
<https://generationconnect.io>
877-839-3360



1520 W 3rd Ave, Spokane, WA 99201
(509) 747-5615

Spokane Area Support Groups

- First Presbyterian Church of Spokane
 - 3rd Tuesday, 1:30-3:00pm, (509) 590-3965
- Dementia Community Cafe at Central Spokane YMCA
 - 3rd Friday, 2:00-3:30pm, (509) 207-7667
- Spokane North - Caregivers
 - 2nd & 4th Monday, 1:00-2:30pm, (509) 290-1816
- Spokane South - Caregivers
 - 4th Saturday, 10:30am-12:00pm, (509) 795-4668
- Spokane Downtown - Caregivers
 - 3rd Tuesday, 1:30-3:00pm, (509) 207-7667
- Spokane County Library District Memory Cafe
 - Every Tuesday, 11:00am-12:00pm, (509) 893-8350